



**INSPIRE**  
Physical Therapy  
& Wellness

**Lymphedema History  
Questionnaire**

**CANCER HISTORY**

Type(s) of Cancer: \_\_\_\_\_ Date Diagnosed: \_\_\_\_\_

Surgeries performed: \_\_\_\_\_

Number of lymph nodes removed: \_\_\_\_\_

**RADIATION**

Are you still receiving radiation or are you scheduled to begin radiation?  YES  NO

Number of treatments performed: \_\_\_\_\_ Number of treatments left to complete? \_\_\_\_\_

**CHEMOTHERAPY**

Are you still receiving chemo?  YES  NO

Number of treatments performed: \_\_\_\_\_ Number of treatments left to complete? \_\_\_\_\_

**RADIOLOGY**

Have you undergone any of the following procedures?

X-Rays  YES  NO Date: \_\_\_\_\_ results? \_\_\_\_\_

CT Scan  YES  NO Date: \_\_\_\_\_ results? \_\_\_\_\_

MRI  YES  NO Date: \_\_\_\_\_ results? \_\_\_\_\_

Bone Scan  YES  NO Date: \_\_\_\_\_ results? \_\_\_\_\_

Ultrasound  YES  NO Date: \_\_\_\_\_ results? \_\_\_\_\_

**LYMPHEDEMA HISTORY**

When did you first notice the swelling? \_\_\_\_\_

Where did you notice the most swelling? \_\_\_\_\_

Do you know what triggered the swelling? \_\_\_\_\_

Does the swelling go down at night?  YES  NO

Have you been treated for Lymphedema before?  YES  NO

Check any treatments you have had before.

Massage MDL  Compression Garment  Exercise

Bandaging  Compression Pump  Other: \_\_\_\_\_

Are you currently seeing anyone else for this problem? Who? \_\_\_\_\_

Have you had or been treated for an infection? Where/When? \_\_\_\_\_

Have you been treated for any wounds? Where/When? \_\_\_\_\_

Any additional comments: \_\_\_\_\_

**WORK / HOBBIES:** Please list any work, hobby or sport activities in which you are currently unable to perform due to injury, medical condition OR lymphedema. \_\_\_\_\_

Patient Name (Please Print): \_\_\_\_\_

Patient or Representative Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_